

REGISTRATION FORM

Name _____

Address _____

_____ Zip _____

Phone _____

E-Mail _____

Age _____

Make all checks payable to Wisdom Center.

Enclose payment with registration.

(check event or program you wish to attend)

I wish to register for the “**Opening Event**” - \$15 (before 9/4, \$20 after)

I wish to register for “**Spiritual Eldering**” - \$220 (\$250 after 9/1/09)

(Note: \$50 discount for members of parishes where classes are held!)

I wish to register for “**Turning Your Life Into Story**” - \$45

I wish to register for the “**Advent Day of Prayer**” - \$30 (includes lunch)

Please mail this form to:

Sr. Macrina Scott, OSF

Most Precious Blood Parish

2250 S. Harrison St.

Denver, CO 80210

What is SPIRITUAL ELDERING?

The “Spiritual Eldering” training program is a pioneering process developed by Wisdom Center. Its purpose is to support individuals in their transition into elderhood. Using exercises developed by Rabbi Zalman Schachter-Shalomi (author of “From Age-ing to Sage-ing”) and consistent with the “conscious ageing movement,” it assists us in harvesting the rich experience of our lives. It helps us find patterns that make each life a unique work of art, healing whatever needs healing, to make us complete and free to serve our world as wise elders.

As Barry Barkin, an elder educator, puts it, “Just as there is a preparation for life’s earlier stages, there needs to be an initiation into and education for elderhood.”

MAJOR TOPIC AREAS

What is a Spiritual Elder?

Life Review: Gratitude and Healing

Telling My Story: Decade by Decade

Facing My Death—To Live More Fully

Becoming An Active Elder

The Biblical Story and My Story

COURSE REQUIREMENTS

Regular class participation

About 1 hour of reading/reflection

for each session

Two individual sessions with Sr. Macrina

No tests or written homework!



SPIRITUAL ELDERING (formerly called “Elder Training”)

22 Sessions

Begins Sept 29th or Oct 1st

Registration Deadline: Sept 11th

2 locations in 2009-2010

Queen of Peace Parish

13120 E. Kentucky Ave, Aurora

St. Francis Room

Tuesday Mornings, 9:30-11:30

Most Precious Blood Parish

2250 S. Harrison St., Denver—RCIA Room

Thursday Mornings, 9:30-11:30

If fewer than 12 are signed up for a location by Sept 11th, that location will be cancelled!

Facilitator

Sr. Macrina Scott, OSF

Certified Sage-ing Leader

Cost \$220 before Sept 1st

(\$50 discount for members of parishes where classes are held!)

Scholarships and payment plans are available if needed.

For more information

Please call Sr. Macrina Scott, OSF

(303) 756-3083, ext 129



2009-2010 SCHEDULE

WISDOM CENTER AT MOST PRECIOUS BLOOD

2250 S. Harrison St.

(Just south of I-25 Colorado Blvd exit)

Denver, CO 80210

(303) 756-3083

macrina@mpbdenver.org

**Opening Event
Spiritual Eldering Program
Elder Training Reunions
Turning Your Life Into Story
Advent Day of Prayer**

For further information: On the web, enter site mpbdenver.org, click on “What We Teach” then “Wisdom Center”

OPENING EVENT 2009

This event is sponsored by
Kaiser Permanente!

“How Elders Make A Difference
In Community”

Justice Gregory Hobbs

Justice of the Colorado Supreme Court

Sunday, Sept 13, 2:00 pm

Reception after Presentation

Parish Center, Most Precious Blood-

Cost: \$15 before Sept 4th; \$20 after

Elders are making a difference on the local, national and international scene. Justice Hobbs will discuss why this is important and how every senior can be involved.

Greg Hobbs is a Justice of the Colorado Supreme Court. Prior to becoming a Justice he was in the Peace Corps in South America, studied law in Berkeley, California, served as attorney for the US Environmental Protection Agency and was First Assistant Attorney General for Colorado, Natural Resources Section. He has practiced water, environmental, land use and transportation law. He presently serves as a member of the Colorado Access to Justice Commission which is dedicated to helping the poor and oppressed have equal access to justice in the courts.



TURNING YOUR LIFE INTO STORY

You have a story. We all have stories.

- Explore ways of discovering which tale to tell—and how to tell it.
- Decide who your reader is—are you writing for yourself, your family, your friends, your community, and/or the public?
- Find the words for what you want to say. Choose from various formats, tools and tricks of the writing trade.
- Discover the writer within—we all have one!
- Find spirituality in your life story.
- Come away with polished stories written by none other than you, the author of your life.

Most Precious Blood, RCIA Room

Five Tuesdays—10:30am to Noon

Oct 13, 20, 27, Nov 3, 17

Teacher: Carol Sullivan, PhD, author

Cost \$45 for all five sessions.

Scholarships available as needed

Space is limited. Advance registration is necessary. Send registration form and fee to Sr. Macrina at the Wisdom Center.

ADVENT DAY OF PRAYER

“Advent and Ageing: Living Between
Memory and Hope”

Kathy McGovern

Monday, Dec 7, 9am to 2pm

Parish Center, Most Precious Blood

\$30 (includes lunch)

Deadline for registration: Nov 27th

Join Kathy in an Advent day of prayer. We will consider the stories of Advent characters—Elizabeth and Zechariah, Simeon and Anna, and Anne, the Mother of Mary. Bring your Advent memories and your Christmas hopes for a reflective day of Scripture, prayer and warm community.

Kathy McGovern has M.A. degrees in both Liturgy and Scripture. She served as Liturgist at St. Rose of Lima Parish and for 17 years as an instructor at the Catholic Biblical School in Denver. She is author of Creating Fun and many articles.

ELDER TRAINING REUNIONS

(for those who have completed the
Elder Training program)

Mornings of Sharing/9am-12 noon

R.C.I.A. Room, Most Precious Blood

\$10 each session

Facilitator: Sr. Macrina Scott, OSF

**Register by phone or Email at least one week
before the session.**

**Wednesday, Oct 7—“Tools for
Continuing Spiritual Growth”**

**Wednesday, Nov 11—Sharing around
an article focusing on Spiritual Eldering.**

The reunions provide opportunities for those who have participated in past Elder Training years to reconnect, deepen what they have learned, and reflect on how Elder Training is

**LENTEN RETREAT
(Details to follow later!)**

Wisdom Center is a ministry begun by the Franciscan Sisters of Marycrest and now continued by Most Precious Blood Parish. It offers programs in spirituality for the second half of life inspired by the work of Rabbi Zalman Schachter-Shalomi. It aims to serve elders of all religious traditions or none.